REPORT OF THE TALK ON SUICIDE PREVENTION

Stress is one of the ever growing problem disturbing the mankind and the cause of several suicide cases in the country. In view of this the NSS Unit of the college organized a session on 'Stress Management and Suicide Prevention' on 10th September 2016 by Coonj Mental Health Foundation, Dr. Peter Castellino. the resource person elucidated the stress prevention and management techniques and convinced the volunteers to make them mentally to believe the fact that suicide is never a solution to any problem.

A total of 64 volunteers and 05 program officers attended the program.

Name and Contact number of details of the Resource Person:

Dr. Peter Castelino Phone Number : 0832 2252525

Mr. Yogeshwar Bhosle
(N.S.S Convener)

DNYANPRASSARAK MANDAL'S COLLEGE AND RESEARCH CENTRE * ASSAGAO BARDEZ - GOA 403 507

WORLD SUCIDE PREVENTION DAY

To improve the mental strength of the volunteers, the NSS Unit deputed our volunteers for Mental Health Program for Youth. This program was conducted by Directorate of Sports and Youth Affairs to observe World Suicide Prevention Day on 10th September 2018 at Indoor Stadium, Peddem, Mapusa – Goa, in collaboration with COOJ Mental health Foundation and Directorate of Health Services, Panjim - Goa.

A total of 57 volunteers and 02 program officers participated in the program

Name of the Event: Poster Competition "Suicide Prevention"

Date: 21/09/2019

Location: Dnyanprassarak Mandal's College and Research Centre, Assagao-Goa

Date: 28th September 2019
Name of the Event:Talk on "Suicide Prevention"
Location: Dnyanprassarak Mandal's College and Research Centre, Assagao-Goa
Resource person: Dr. Peter Castelino, Founder and Director, COOJ mental health foundation