



Government of Goa
DIRECTORATE OF HIGHER EDUCATION
SCERT Building,
Alto Porvorim-Goa

Tel:2415585/2410824

Email:dir-dhe.goa@nic.in

No. ACAD/SU-I/MANODARPAN/180/2020 Dated: 14/09/2020

To,

1. The Registrar,
Goa University,
Taleigao Plateau,
Goa.

2. The Principal,
All Affiliated Colleges

Sub:- Manodarpan- An initiative of the Ministry
of Human Resource Development of
physosocial support of students, teachers
and families for mental health and
emotional well being.

Sir,

I am directed to forward herewith a copy of email dated
27/07/2020 received from the Secretary (Education),
Secretariat-Porvorim-Goa alongwith a copy of letter dated
27/07/2020 of the Joint Secretary to the Government of India,
Ministry of Human Resource Development, New-Delhi, on the
above cited subject and to request you to take necessary action
the matter.

Yours faithfully,

Kamat
14/9/2020

(**Kaustubh U. Kamat**)

Assistant Director (ACAD)
Directorate of Higher Education

Encl: As Above

23/09

Supr

wd: Manodarpan- An initiative of the Ministry of Human Resource Development of physosocial support of students, teachers and families for mental health and emotional well being.

From : Secretary Education <secedu-sect.goa@nic.in>
Subject : Fwd: Manodarpan- An initiative of the Ministry of Human Resource Development of physosocial support of students, teachers and families for mental health and emotional well being.

Mon, Jul 27, 2020 05:08 PM

To : Director Higher Education Goa <dir-dhe.goa@nic.in>

1 attachment

Dept. of Higher Education
Inward No. 3660
Date 28/7/2020

From: "Secretary Education" <secedu-sect.goa@nic.in>
To: "Director Education, Goa" <dir-educ.goa@nic.in>
Sent: Monday, July 27, 2020 5:07:29 PM
Subject: Fwd: Manodarpan- An initiative of the Ministry of Human Resource Development of physosocial support of students, teachers and families for mental health and emotional well being.

From: "Abhishek Chaturvedi" <abhishek.edu@nic.in>
To: "secy se" <secy_se@ap.gov.in>, "secy se edn" <secy.se.edn@gmail.com>, secretaryeducationap@gmail.com, secretaryeducation@gmail.com, pretomsaikia@yahoo.com, "ROBERT L. CHONGTHU" <secy-education-bih@gov.in>, "secy-edn-bih" <secy-edn-bih@nic.in>, scertcg@gmail.com, "Secretary Education GNCTD" <secyedu@nic.in>, "Secretary Education" <secedu-sect.goa@nic.in>, secedu-pri@gujarat.gov.in, acssehry@gmail.com, "secy-hedu-hp" <secy-hedu-hp@nic.in>, "ps sed jk" <ps.sed.jk@gmail.com>, schooledujk@gmail.com, schooled@jharkhandmail.gov.in, hrdjharkhand@gmail.com, prsprim-edu@karnataka.gov.in, "A SHAJAHAN" <secy.gedu@kerala.gov.in>, shajias@gmail.com, "Rashmi" <secy.sed@mp.gov.in>, "psec schedu" <psec.schedu@maharashtra.gov.in>, "acs schedu" <acs.schedu@maharashtra.gov.in>, trsingh13@yahoo.co.in, dwahlang@yahoo.com, secretariesedmiz@gmail.com, "Mr MENUKHOL JOHN" <secyedu-ngl@nic.in>, menukhol@yahoo.com, secysme@gmail.com, "Krishan Kumar" <psse@punjab.gov.in>, psecducation2013@yahoo.com, pseelementaryedu@gmail.com, gpupadhyaya@gmail.com, sikkimhrdd@gmail.com, schsec@tn.gov.in, "Secretary Education" <prlsecyedu@telangana.gov.in>, spossatripura@gmail.com, "secretary tripura" <secretary_tripura@yahoo.in>, "saumya edn tr" <saumya.edn.tr@gmail.com>, "ps seced" <ps.seced@gmail.com>, secybasicedu@gmail.com, "secyuk edu" <secyuk.edu@gmail.com>, dgeduuk@gmail.com, wbssed@gmail.com, pstosecysed@gmail.com, "Manikandan D" <secedn@nic.in>, "dired.and dired.and" <dired.and@nic.in>, secretaryeducationut@gmail.com, "Pooja Jain" <secy-edu-dnh@nic.in>, "Secretary Education" <secy-edu-dd@nic.in>, dsedn-dd@nic.in, shivkumarias@gmail.com, secretaryedn@gmail.com, "Secretary Education, Govt. of Puducherry Pondicherry" <secyedn.pon@nic.in>, "Mr Anbarasu A" <dc.pon@nic.in>, ladakhdivcom@gmail.com, "Special Chief Secretary Higher Educaton Dept. Govt. of

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"Manish Jain" <secy.hestbt-wb@gov.in>, pahigheredn@gmail.com, "secretaryedu sports
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muthammalakshmi@gmail.com, "Pooja Jain" <secy-edu-dnh@gov.in>,
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Cc: "Prof. Hrushikesh Senapaty" <director.ncert@nic.in>, "anil sahasrabudhe"
<anil.sahasrabudhe@gmail.com>, chairman@aicte-india.org, "Ms Anita Karwal" <chmn-
cbse@nic.in>, "Sridhar Srivastava" <jd.ncert@nic.in>, "kvs commissioner"
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<maneesh.garg@nic.in>, "R.C. Meena" <r.cmeena@gov.in>, "Vipin Kumar" <jscord-
mhrd@gov.in>, "Mrs Kamini" <jshe-mhrd@gov.in>, "Chandra Sekhar Kumar"
<cs.kumar@nic.in>, "Mr Sanjay Kumar Sinha" <sanjay.sinha@nic.in>, "Neeta Prasad"
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KUMAR" <madhu.ranjan@gov.in>, npcrua@gmail.com, "Rajnish Kumar"
<rajnish.kumar1@gov.in>, rajnishkumar1971@gmail.com, "Basava Purushottam"
<pstohrm@gov.in>, "Sanjay Dhotre" <mos-mhrd@gov.in>, "Shri Amit Khare"
<secy.dhe@nic.in>, "Anita Karwal" <secy.sel@nic.in>, "rautela ts"
<rautela.ts@gmail.com>

Sent: Monday, July 27, 2020 4:31:47 PM

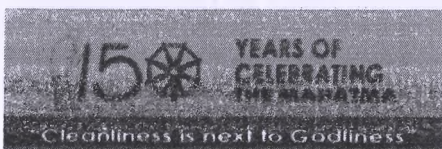
Subject: Manodarpan- An initiative of the Ministry of Human Resource Development of
physosocial support of students, teachers and families for mental health and emotional
well being.

Sir/Madam,

Please find attached herewith a copy of letter dated 27.07.2020 on the
subject cited above for information and necessary action.

With Regards,

Abhishek Chaturvedi
Section Officer (School-4)
Department of School Education & Literacy
Ministry of Human Resource Development
Shastri Bhawan, New Delhi.



g/c

Most Immediate

F. No 10-12 /2020-Sch.4
Government of India
Ministry of Human Resource Development
(Department of School Education & Literacy)

Shastri Bhawan, New Delhi
Dated the 27th July, 2020

To,

The Secretaries School Education/Higher Education of all the States/Union Territories

Subject: MANODARPAN - An Initiative of the Ministry of Human Resource Development for Psychosocial Support of Students, Teachers and Families for Mental Health and Emotional Well-being

Sir/Madam,

In the wake of the outbreak of COVID-19 pandemic, the Ministry of Human Resource Development has launched an initiative called 'MANODARPAN' to provide psychosocial support to students, teachers and families for mental health and emotional well-being during the COVID outbreak and beyond. The initiative was inaugurated by the Union Minister for Human Resource Development on the 21st July, 2020. A web-page has been created on the web-site of this Ministry. The Web-page contains advisory, practical tips, posters, videos, do's and don'ts, FAQs, online query system and other resources for psychosocial support. It can be accessed at the following url:

<http://manodarpan.mhrd.gov.in>

2. The Hon'ble Minister for Human Resource Development also launched the National Toll-free Helpline (8448440632) set up for a country-wide outreach to students from schools, colleges and universities to provide them tele-counselling to address their mental health and psychosocial issues. This unique helpline is managed by a pool of experienced counselors/psychologists and other mental health professionals and will continue beyond the COVID-19 situation.

3. It is requested that the aforesaid initiatives taken by this Ministry may be widely disseminated amongst all concerned in your State/Union Territory so that interested students/teachers/parents could make full use of these services. A link for the web-page may also be given on the official web-site of your Department/State/Union Territory. The National Toll-free Helpline No. 8448440632 may also be prominently displayed on the website and other medium for wide publicity.

Yours faithfully,



(L.S. Changsan)

Joint Secretary to the Government of India

Tel. No. 23070584

Email: lschangsan@nic.in

Copy, for similar action, to:

1. Chairman, University Grants Commission
2. Director, NCERT
3. Chairman, AICTE
4. Chairman, CBSE
5. Chairman, NIOS
6. Commissioner, KVS
7. Commissioner, NVS
8. Director, CTSA
9. Additional Secretary (TE), D/HE
10. Joint Secretary (SS-II), D/SE&L
11. Joint Secretary (SS-I), D/SE&L
12. Joint Secretary (MDM), D/SE&L
13. Joint Secretary (AE & Coord), D/SE&L
14. Joint Secretary (HE), D/HE
15. Joint Secretary (CU), D/HE
16. Joint Secretary (IISER), D/HE
17. Joint Secretary (Mgt.), D/HE
18. Joint Secretary (ICC & Policy), D/HE
19. ADG(Stats), D/HE
20. National Project Coordinator, RUSA
21. Director (Digital Education), D/SE&L
22. Joint Secretary (Admn), D/HE

Copy, for information, to:

1. PS to HRM/PS to MoS (HRD)
2. PPS to Secretary (HE)/ PPS to Secretary (SE&L)